

# Getting Involved as a Doc Student

- **YOU DON'T NEED TO KNOW WHAT YOU'RE DOING TO GET STARTED**
  - You'll rarely know how to do things, but can ALWAYS figure it out
- **Multiple Mentors, Multiple Purposes**
  - Some offer belonging, some contribution, some development
- **Community Comes First, Passion Comes Second**
  - CARMA, AOM, SMA, SMS, RMD, WAM, Babson, NLS
  - Find communities of people you enjoy...the rest finds a way
- **Conferences Are Your Gateway**
  - Research sessions, NDSC, social events, online communities
  - Particularly impactful for our introverts
- **Embrace the 51%-49% Mindset**
  - The disparity is small, but meaningful
- **Find Reasons to Say "Yes" Strategically**
  - Stay connected to your beginnings and embrace a "yes to life" attitude